



Sifu David Leopold
Taichi & Qigong Specialist
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Profile

Sifu David Leopold has been practicing, studying, teaching and researching martial and healing arts since 1994.

Qualifications & Accomplishments

- Shaolin Kung Fu Black Belt 1999
- TaiChi Advanced Practitioner and Level 4 Wu Ying Degree 2002
- Traditional Private Martial & Healing Arts 3 years program (Certified 4th Generation Wu Family Instructor) 2008
- Qimatic Energy System Certification 2012 (Level 1, Level 2 & Advanced)
- 2 Gold Medals & a Bronze Medal at the World Grand Wushu Festival 2012, Shanghai China
- QiGong for Cancer Specialist Certification 2012
- Reiki Master Certification 2009

Tai Chi Hand & Weapon Forms

- Yang Tai Chi Foundation Exercises
- Chen Tai Chi Foundation Exercises
- Sun Tai Chi Foundation Exercises
- Yang Style : 10 Movement Form
- 24 Tai Chi
- 108 Tai Chi Chuan
- Chen Style : Long Form
- Chen Style Tai Chi Second Routine Canon Fist
- 73 Movement – Sun Style
- Fan & Sword Foundation Exercises
- 32 Long Sword Yang Style
- Lian-Huan : Double Sword
- Single Fan : Short Form
- Double Fan : Short Form

QiGong Forms

- 4 Movement Routine (Zhan Zuan)
- 8 Movement Routine (Ba Duan Jin)
- 11 Movement Routine (QiGong for Cancer)
- 12 Movement Routine (Qimatic Relaxation)
- 13 Stump Routine (Tai Bao Kung)
- 18 Movement Routine (Lo Han)
- 19 Movement Routine (Y-Dan)
- 24 Movement (Therapeutic)

Memberships

- Member Canadian Taijiquan Federation
- Canfitpro Member since 2010